



# IWAMA SHIN SHIN AIKISHUREN KAI VENEZUELA

岩間神信合気修練会 ベネズエラ

														基本	気の流れ		
	Ikkyo 一教	Nikkyo 二教	Sankyo 三教	Yonkyo 四教	Gokyo 五教	Hanmi Handachi 半身半立	Shiho Nage 四方投げ	Kote Gaeshi 小手返し	Kokyu Nage 呼吸投げ	Irimi nage 入り身投げ	Koshi Nage 腰投げ	Ushiro Waza 後技	Kaiten Nage 回転投げ	Tainohenko 体の変更	Kokyu Ho 呼吸法		
6 kyu	Shomen uchi (S.W)													Katatet ori	Mororted ori		
															Ryote dori (S.W)		
5 kyu	Katate dori						Katate dori							Katatet ori	Katate tori	Mororte dori	
	Shomen uchi															Ryotedori (S.W)	
4 kyu	Katate dori	Katate dori					Katate dori	Muna dori						Katatet ori	Katate tori	Mororte dori	
	Shomen uchi	Shomen uchi														Ryotedori (S.W)	
	Kata dori	Kata dori															
3 Kyu	Shomen uchi	Shomen uchi	Shomen uchi				Ryote dori	Tsuki		Shomen uchi				Katatet ori	Katate tori	Ryotedori (S.W)	
							Yokome n uchi	Shomen uchi									
2 Kyu	Shomen uchi	Shomen uchi	Shomen uchi	Shomen uchi			Ni Shu	Yokome n uchi		Yokomen uchi			Shomen uchi	Katatet ori	Katate tori	Ryotedori (S.W)	
1 Kyu	Yokomen uchi	Yokomen uchi	Yokomen uchi	Yokomen uchi	Yokomen uchi	Ni Shu	Ni Shu	Ni Shu	Ni Shu	Ni Shu	Ni Shu	Ni Shu	Ni Shu	Katatet ori	Katate tori	Ryotedori (S.W)	